

MCCB Fall 2016 Conference at Grand Rapids Community College

Friday, October 14 – Saturday, October 15

Agenda

- Friday
 - 4 – 5:30 PM – Human Cadaver Workshop
 - **Dr. Greg Forbes** is a Professor of Human Anatomy and Physiology at GRCC and has been teaching anatomy and physiology for 30 years.
 - This workshop will allow faculty to investigate human anatomy utilizing actual human cadavers in Grand Rapids Community College's cadaver laboratory. Participants will have an opportunity for "hands-on" investigation and review of human anatomy during this 1.5 hour session. Workshop participation preference will be given to those faculty teaching human anatomy and physiology. Pre-registration is required for this workshop. It's free.
 - 5:30 – 7PM - Registration
 - 6 – 7 Dinner – Asian Excitement Buffet (Sounds exciting, eh?!)
 - 7 – 8:30 PM – Speaker and Q&A
 - **Ashley Hannah Sanderlin** (Neuroscience Program, Ph.D. Candidate; **Cognitive and Geriatric Neurology Team (CoGeNT)**; Michigan State University)
 - She will discuss Alzheimer's disease and the relationship of body mass index and brain volume in individuals with Mild Cognitive Impairment.
 - 8:45 PM - ?? – Local Beer and Cheese pairings at GRCC!
 - We will have a selection of growlers from local Grand Rapids breweries. There will also be different cheeses to pair with the beer! For those non-beer drinkers, there will also be root beer available.
- Saturday
 - 7:30 – 8:30 - Registration and Breakfast
 - 8:30 – 9:00 - Travel time to Blandford Nature Center from GRCC (carpools will be arranged)
 - 9:15 – 11:15 - Blandford Nature Center – Edible and Medicinal Plant Guided Walk
 - **Edible and Medicinal Plants**

Michigan's local landscape is overflowing with nutritious and delicious food, healing herbs, and powerful medicines. In a two-hour guided walk led by Kristin Tindall, Master Naturalist at Blandford, we will be introduced to common Michigan plants and their uses. This outdoor walk around Blandford Nature Center will be relaxed and fun, and will occur whatever the weather! So come prepared with appropriate outdoor attire and good walking shoes.
 - 11:15 – 11:45 - travel back to GRCC
 - 11:45 – 12:45 - lunch and general membership meeting

- 12:45 – 1:35 – **Rachel Schwallier** (Faculty, Biology Department, Grand Valley State University) speaking on carnivorous plants
- 1:45 – 2:35 – **Panel:** Dave Klungle, Nicole Thorwall, Jamie Grit - former GRCC students who have successfully transferred to and completed baccalaureate degrees (and beyond) will speak to the best advice they received (or should have) from their CC professors.
- 2:35 – 3 - Coffee break and vendors
- 3 – 3:50 – **The Biology of Mindfulness**